

Hydrozole Cream

Hydrocortisone (microfine) 1% w/w and Clotrimazole 1% w/w

CONSUMER MEDICINE INFORMATION

What is in this leaflet?

This leaflet answers some common questions about Hydrozole Cream. It does not contain all the available information.

It does not take the place of talking to your doctor or pharmacist.

All medicines have benefits and risks. Your doctor or pharmacist has weighed the benefits of you using Hydrozole Cream against the risks they expect it may have for you.

If you have any concerns about this medicine, ask your doctor or pharmacist.

Keep this leaflet with your medicine. You may need to read it again.

What is Hydrozole Cream and what is it used for?

Hydrozole Cream contains hydrocortisone (it belongs to the group of medicines called corticosteroids) and clotrimazole (it belongs to a group of medicines called antifungals).

Hydrozole Cream is used on the skin to relieve the redness, swelling, itching and discomfort of many inflamed fungal skin problems such as:

- Nappy Rash.
- *Candidal* infections
- Fungal infected dermatitis
- Tinea infections such as jock itch and athlete's foot.

Hydrozole Cream should only be used in children under 2 years of age (for example nappy rash) if a doctor has told you to.

Your doctor or pharmacist may have recommended Hydrozole Cream for another purpose. Ask your doctor or pharmacist if you have any questions

about why Hydrozole Cream has been recommended for you.

Hydrozole Cream is not addictive.

Hydrozole Cream is only available from your pharmacist.

Before you use Hydrozole Cream

When you must not use it

Do not use Hydrozole Cream if:

- **you have an allergy to Hydrozole Cream or any of the ingredients in Hydrozole Cream listed at the end of this leaflet.**
- **you have a viral skin infection (such as cold sores, shingles or chicken pox).**
- **you have other serious infections of the skin.**

Ask your doctor or pharmacist to be sure you do not have any of these conditions.

- **the packaging is torn or shows signs of tampering.**
- **the expiry date (EXP) printed on the pack has passed.**

If you use this medicine after the expiry date has passed, it may not work as well.

Do not use Hydrozole Cream just before having a bath, shower or going swimming.

If you do, you may reduce the effectiveness of Hydrozole Cream.

If you are not sure whether you should start using Hydrozole Cream, contact your doctor or pharmacist.

Before you start to use it

Tell your doctor or pharmacist if:

- **you have been or are being treated with drugs, which affect your immune system.**
- **you have a condition associated with a defect in your immune system.**
- **you have been or are being treated with steroid medication for asthma or other conditions (e.g. arthritis).**
- **you have any allergies to any other medicines or any other substances, such as foods, preservatives or dyes.**
- **you are taking any medication containing corticosteroids for other conditions (e.g. asthma, arthritis, organ transplants).**
- **you have a serious illness affecting your immune system.**
- **you are pregnant or intend to become pregnant.**

Your doctor will discuss the risks and benefits of using Hydrozole Cream when pregnant.

- **you are breast-feeding or intend to breast-feed.**

Your doctor will discuss the risks and benefits of using Hydrozole Cream when breast-feeding.

Do not apply Hydrozole Cream to the breasts before breast-feeding.

- **you have had or have any other medical conditions, including receiving a transplanted organ or AIDS.**

If you have not told your doctor or pharmacist about any of the above, tell them before you use Hydrozole Cream.

other medicine. This includes any that you buy without a prescription from a pharmacy, supermarket or health food shop.

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Using other medicines

Tell your doctor or pharmacist if you are using other creams, ointments or lotions or taking any

Tell your doctor or pharmacist if you are using:

- **Asthma medication.**
- **Medication for arthritis.**
- **Medication for a recent organ transplant you have received.**
- **Medication for the treatment of AIDS.**

These medicines may affect how well Hydrozole Cream works. You may need to use different amounts of your medicine, or you may need to use different medicines. Your doctor or pharmacist will advise you.

Your doctor or pharmacist may have more information on medicines to be careful with or avoid while using Hydrozole Cream.

How to use Hydrozole Cream

Hydrozole Cream is for external use only.

Follow all directions given to you by your doctor or pharmacist carefully.

These directions may differ from the information contained in this leaflet.

If you do not understand the instructions on the box, tube or this leaflet, ask your doctor or pharmacist for help.

Gently rub a small quantity of Hydrozole Cream into the affected area and surrounding skin two or three times daily.

Apply enough cream to disappear into the skin without leaving any on the skin.

If the location of the skin condition is in an area normally covered with clothing, you should ensure that loose clothing is worn over the area to be treated.

It is important to use Hydrozole Cream exactly as your doctor or pharmacist has told you.

If you use it less often than you should, it may not work as well and your skin problem may not improve. Using it more often than you should may not improve your skin problem any faster and may cause or increase side effects.

Use Hydrozole Cream at the same time every day.

How long should you use it for

You should use Hydrozole Cream until the inflammation has subsided or for as long as your doctor or pharmacist tells you to.

If you use Hydrozole Cream for longer than your doctor or pharmacist tells you to, the chance of side effects may increase.

You should apply a cream containing a single anti-fungal agent for an extra two weeks after the inflammation has subsided.

You must do this otherwise there might be a chance of the condition returning.

If you are not sure of how long you need to use Hydrozole Cream, talk to your doctor or pharmacist.

If you forget to use it

If it is almost time for your next application of Hydrozole Cream, skip the application you missed and apply the cream when you are next meant to. Otherwise, use it as soon as you remember, and then go back to using your cream as you would normally.

Do not use a double dose to make up for the dose that you missed.

If you have trouble remembering to use your medicine, ask your pharmacist for some hints.

If you swallow it

Immediately telephone your doctor or Poisons Information Centre (telephone 13 11 26), or go to casualty at your nearest hospital if you think that you, or anyone else may have swallowed Hydrozole Cream. Do this even if there are no signs of discomfort or poisoning. You may need urgent medical attention. Keep this telephone number handy.

While you are using Hydrozole Cream

Things you must do

Tell your doctor(s) who is treating you that you are using Hydrozole Cream.

If you feel that Hydrozole Cream is not helping your condition, tell your doctor or pharmacist.

Tell your doctor or pharmacist if, for any reason, you have not used Hydrozole Cream exactly as prescribed.

Otherwise, your doctor or pharmacist may think that it was not effective and change your treatment unnecessarily.

If you become pregnant while using Hydrozole Cream, tell your doctor or pharmacist.

Things you must not do

Do not use Hydrozole Cream:

- **under dressings or on large areas of skin unless your doctor tells you.**
- **in or near the eyes.**

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- to treat other complaints unless your doctor or pharmacist tells you to.
- for acne.
- on children under 2 years of age unless a doctor has told you to.
- for more than 7 days unless a doctor has told you to.

Do not give Hydrozole Cream to anyone else, even if they have the same symptoms as yours.

Things to be careful of

Do not use large amounts of Hydrozole Cream for a long time.

If you use large amounts for a long time, the chance of absorption through the skin and the chance of side effects may increase.

Ask your doctor or pharmacist if you are concerned about the length of time you have been using Hydrozole Cream.

Do not use Hydrozole Cream on skin areas that rub together such as under the arm or in the groin area unless your doctor or pharmacist tells you to.

Do not wear tight fitting clothing in the area being treated with Hydrozole Cream.

Side effects

Tell your doctor or pharmacist if you do not feel well while you are using Hydrozole Cream.

Hydrozole Cream helps most people with skin problems but it may have unwanted side effects in a few people.

All medicines can have side effects. Sometimes they are serious, most of the time they are not. You may need medical treatment if you get some of these side effects.

Ask your doctor or pharmacist to answer any questions you may have.

Tell your doctor or pharmacist if you notice any of the following side effects near or on the area you apply Hydrozole Cream and they worry you.

Do not be alarmed by the list of side effects; you may not experience any of them.

- Drying, cracking, blistering, peeling, thinning, tightening or redness of the skin.
- Bruising of the skin.
- Acne-type lumps on the skin.
- Itching or irritation of skin & loss of skin colour.
- Skin condition getting worse.
- Other obvious unexpected changes to the skin area treated.

These side effects are usually mild.

Other side effects not listed above may also occur in some patients. Tell your doctor or pharmacist if you notice anything else that is making you feel unwell.

Ask your doctor or pharmacist if you don't understand anything in this list.

After using Hydrozole Cream

Storage

Keep Hydrozole Cream in a cool dry place where the temperature stays below 25°C.

Do not store Hydrozole Cream or any other medicine in the bathroom or near a sink.

Do not leave it in the car or on windowsills.

Heat and dampness can destroy some medicines.

Do not refrigerate Hydrozole Cream.

Keep Hydrozole Cream where young children cannot reach it.

A locked cupboard at least one and a half metres above the ground is a good place to store medicines.

Disposal

If your doctor or pharmacist tells you to stop using Hydrozole Cream or it has passed its expiry date, ask your pharmacist what to do with any that is left over.

Product Description

What it looks like

Hydrozole Cream is a smooth, non-greasy white cream, which is available in a 30 gram tube in a carton.

Ingredients

The active ingredients in Hydrozole Cream are Hydrocortisone 1% and Clotrimazole 1%.

Hydrozole Cream also contains the following inactive ingredients:

- cetomacrogol 1000
- glycerol
- cetostearyl alcohol
- light liquid paraffin
- white soft paraffin
- propylene glycol
- chlorocresol 0.2% (as a preservative)
- purified water
- sodium hydroxide
- lactic acid

Hydrozole Cream does not contain lanolin, paraben preservatives or fragrances and washes off with water.

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Supplier

Hydrozole Cream is supplied in Australia by:

Stiefel Laboratories Pty Ltd.
Unit 2, 10 Salisbury Road
CASTLE HILL NSW 2154
Phone: (02) 9894 5088
Fax: (02) 9894 5016
Toll free Number: 1800 251 075
Email: StiefelAustralia@stiefel.com
Visit www.hydrozole.com.au

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